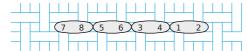
## Blackwork Interlacing Design

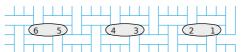
These stitches are shown worked on an evenwaeve fabric. For a blockweave (Aida) take each alongside or across a square.

## **Back Stitch**

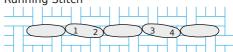


Use this stitch if you prefer it but be careful about passing behind fabric that will not be covered with stitches as the thread may 'shadow' through.

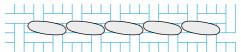
## Double Running Stitch, also known as Holbein Stitch



The first part of this stitch is normal Running Stitch



A return journey then fills the gaps left by the first. If working a straight line, slant the stitches slightly by coming out at the top and going down at the bottom of the adjacent stitches.



Slanting the stitches on a straight line will make all of them slant a little bit and create a neat line.

